

Office Yoga: Simple Stretches For Busy People By Darrin Zeer

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Darrin Zeer is the author of Office Yoga (300,000 copies sold), among many relaxation and health titles. He lives in Colorado.

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Darrin zeer (author of office yoga)

Darrin Zeer is the author of Office Yoga Office Yoga: Simple Stretches for Busy People by Darrin Zeer, Michael Klein (Goodreads Author) (Illustrations)

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